

# Spirit World and Physical World Blessed Couple

## How to conduct the 3-Day Ceremony (2024)

### Guidelines

1. **Report** : Please report to your church (pastor) before you begin and after you have finished the 3-Day Ceremony.
2. **Dates** : You can decide to do the ceremony on any day you wish, but it needs to be three consecutive days. Please choose a period when you will not be disturbed.
3. **Time** : You can also choose any time you wish, but please do the ceremony at the same time on each of the three days.

### Preparation

1. **Things to prepare** : Holy Robe, Cheon Il Guk Candle, True Parents' picture, a bed or mattress
2. **Preparation process** :
  - A. Clean the room before the ceremony, and sanctify it with holy salt.
  - B. Take a shower or bath and cleanse your body each day before the ceremony.  
The person on earth should wear a holy robe, and if possible prepare a holy robe for your spiritual spouse as well. If you cannot prepare another holy robe, please prepare white formal clothes instead.  
\* It is not considered a failure even if you are unable to prepare the holy robe or white formal clothes for your spiritual spouse.
  - C. Prepare an altar for True Parents' photograph.
  - D. Prepare clean linen (sheets) for the bed or mattress.
  - E. Your spouse's holy robe will need to be placed beside you for this ceremony when you stand in front of True Parents' photograph. It will be placed on your right side for your spiritual husband or on your left side for your spiritual wife.  
\* The holy robe will remain there throughout the ceremony.

### Order of the Ceremony

1. **Gyeong-bae** : Offer a full bow to True Parents.
2. **Family Pledge** : Recite the Family Pledge.
3. **Report Prayer** : Offer a report of gratitude when you begin the 3-Day Ceremony.

\*1

4. **Ceremony** : Take off your outer gown and lie down on the bed or mattress, facing upward, for about 5 minutes. \*2
5. **Gyeong-bae** : Put on the gown of the holy robe and offer a full bow to True Parents.
6. **Report of Gratitude** : Offer a report of gratitude that you have completed that stage of the 3-Day Ceremony. \*3

\*1 Report to Heaven that you will conduct the 3-Day Ceremony by saying something like, "I will now start the 3-Day Ceremony so Heavenly Parent, True Parents, please guide me from the beginning to the end."

\*2 The spiritual spouse has received education from Heung Jin Nim and Dae Mo Nim in the spirit world on how to conduct the 3-Day Ceremony. Lie down on the bed with the heart of actually doing the 3-Day Ceremony with your spouse. If someone is helping you with the ceremony because of your physical body's situation, the helper should leave the room during these 5 minutes and come back in afterwards.

\*3 Conclude the ceremony of the first day by reporting to Heaven, praying, "Thank you for guiding today's Ceremony from beginning to end."

Repeat all the above steps for the second and third day. In the report of gratitude for the final day, declare that you will start as a Blessed Family by saying something like, "I offer gratitude from the bottom of my heart that, through this 3-Day Ceremony, we are able to begin as a Blessed Family by becoming a husband and wife centered on Heavenly Parent and True Parents."

## Notes

1. The procedure is the same for previously married blessed couples where one spouse has ascended to the spirit world before conducting the 3-Day Ceremony.
2. If you have physical difficulties or are not in good health, it is not a problem if someone helps you to conduct the ceremony. The helper should also wear formal clothes and can conduct the full bow, Family Pledge, and prayer on behalf of the person on earth.
3. In the case that the person on earth passes away after attending the Workshop for Starting Family Life as a Spirit World and Physical World Blessed Family, but before conducting the 3-Day Ceremony, please simply apply for their liberation under "persons who passed away after liberation," since their spouse has already been liberated. The spiritual spouses will do the 3-Day Ceremony in spirit world. (There is no need for a representative on earth to conduct the 3-Day Ceremony for them.)